



From April 23 to April 29, 2018, over 7,000 up-and-coming and elite athletes with disabilities will be getting together for the 35th edition of Défi sportif AlterGo in Montreal and on the South-Shore. One of a kind, Défi sportif AlterGo is the biggest multi-sport event in Canada.

More than 1,300 volunteers and 100 partners ensure the success of Défi sportif AlterGo. Thanks to their ongoing involvement and dedication, the event has been around for 35 years.

At the Défi sportif AlterGo, the public can attend competitions for free and get a chance to tour the activities area that has been arranged for the occasion at Complexe sportif Claude-Robillard. They will meet with inspiring athletes, try out an adapted sport and participate in several entertaining activities.

Since 1984, Défi sportif AlterGo is organized by AlterGo, a group of associations dedicated to developing universal accessibility and facilitating access to recreational activities, sports and culture for people with functional limitations.

Some highlights of the 2018 edition

First edition of the Chantal Petitclerc Classic: For its 35th edition, Défi sportif AlterGo is pleased to be hosting the very first edition of the Chantal Petitclerc Classic. This para-athletics event features track races for athletes from all over Canada.

Boccia World Open: Over 100 athletes from more than 15 countries are expected in Montreal for this competition that will allow them to accumulate points for 2018 world championships (at Maurice-Richard Arena).

IWAS Wheelchair Fencing World Cup: The competition will be hosting more than 70 athletes from 12 different countries. This competition will allow athletes to accumulate world ranking points, and will be held at Complexe sportif Claude-Robillard.

C1 para-cycling event sanctioned by Union Cycliste Internationale: Over 60 athletes from 3 different countries are expected to attend the competition. This competition will allow athletes to accumulate world ranking points, and will be held at Circuit Gilles-Villeneuve.

Sledge hockey: The selection camp for Canada's national development team will be taking place over a period of 10 days. Selected players will compete against the United States development team during a 3-day tournament from April 27 to April 29, 2018 at Aréna Howie-Morenz.

Brand new features: CrossFit (for school sports athletes), Pickleball (tournament for people with a hearing impairment)

Some stats

- More than 7,000 athletes
- Elite component : Athletes from over 15 countries
- School component : Young athletes from over 120 primary and secondary schools as well as rehabilitation centres from all over Quebec will go beyond their limits and discover the world of sporting competition.
- Every type of deficiencies and disorders (hearing, intellectual, motor, visual, language/speech, mental health, Autism Spectrum Disorders)
- Multi-sport event (16). Examples : athletics, basketball, boccia, rhythmic gymnastics, hockey, swimming, para-cycling, para-athletics, rugby, soccer...
- 1,300 volunteers
- 7 competition sites in Montreal and on the South-Shore.

For more information on Défi sportif AlterGo

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Twitter : [@Defi_sportif](https://twitter.com/Defi_sportif)
YouTube: [DefisportifAlterGo](https://www.youtube.com/DefisportifAlterGo)
Instagram : <https://www.instagram.com/defisportif/>
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Websites :

Défi sportif AlterGo 2018 defisportif.com

Défi sportif AlterGo – Much more than an event! <http://evenement.defisportif.com>